



BERWICK | PAKENHAM LAKESIDE | CLYDE NORTH

Physiotherapy

Date

Patient's name

Diagnosis

Relevant information

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Treatment ☐ at discretion of Physiotherapist

or ☐ Specific:

☐ Manipulation or mobilisation

☐ Soft tissue massage

☐ Ultrasound

☐ Dry needling/acupuncture

☐ Vestibular rehabilitation

☐ Hand therapy or custom splinting

☐ Rehabilitation

☐ GLA:D program for osteoarthritis

☐ Patello-Femoral regime/VMO

☐ Supports, braces, taping

☐ Individual or Group Pilates

☐ Exercise Physiology

Others

Contraindications

Next Doctor's appointment

Referred by Doctor



AUSTRALIAN
PHYSIOTHERAPY
ASSOCIATION

Member

Musculoskeletal Physiotherapists

Frank Andrews
Ross de Valle
Adam Joyce
Doris Zikas
Sejin An

Sports Physiotherapist

Terry Boyd

Senior Physiotherapists

Chris Latimer
Yixiang Chen

Physiotherapists

Laura Canning
Katrina Huynh
Ivan Lam
Nathaniel Martin
Matthew Venn
Bernard Diya
Louisa Han
Ritika Dighe
Benjamin Yu
Damion Wilson
Imashi Thotawatta
Ruan Swanevelder
Vidushi Sharma
Nicholas Leung
Tara Matheson

Expert Physio for you & your family

Berwick Physiotherapy Pty Ltd ABN 23 054 406 316

Clyde North Physiotherapy Pty Ltd ABN 61 581 798 275

Pakenham Lakeside Physiotherapy Pty Ltd ABN 38 292 613 031



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Physiotherapy

Berwick Physiotherapy Clinic has been providing services to the region since 1980, with Pakenham Lakeside Physiotherapy opening in 2011, and Clyde North Physiotherapy opening in 2021, in order to meet the needs of the growing community. Our clinics are committed to providing high quality physiotherapy. Our physiotherapists use a 'hands on' approach and all practitioners are members of the Australian Physiotherapy Association. The clinics are open six days a week and have evening and early morning appointments. All physiotherapists have expertise in the management of spinal and sports-related injuries.



Berwick Physiotherapy

1/31 Clyde Road, Berwick 3806

T (03) 9707 1855 F (03) 9707 5828

berwickphysio.com.au



Clyde North Physiotherapy

8 Selandra Boulevard, Clyde North 3978

T (03) 8538 5340 F (03) 8538 5360

clydenorthphysio.com.au



Pakenham Lakeside Physiotherapy

1/2 Waterford Rise, Pakenham 3810

T (03) 5941 8965 F (03) 5941 7854

pakenhamlakesidephysio.com.au

Expert Physio for you & your family