

Date .....

Patient's name .....

Diagnosis .....

Relevant information .....

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Treatment  at discretion of Physiotherapist

or  Specific:

Manipulation or mobilisation

Soft tissue massage

McKenzie back program

Ultrasound

Vestibular rehabilitation

Hydrotherapy

Individual or group Pilates

Hand therapy or custom splinting

Rehabilitation program

Dry needling/acupuncture

Supports, braces, taping

Patello-Femoral regime/VMO exercise

Others .....

Contraindications .....

Next Doctor's appointment .....

Referred by Doctor .....



AUSTRALIAN  
**PHYSIOTHERAPY**  
 ASSOCIATION

Member

**Musculoskeletal Physiotherapists**

Scott Wagstaff  
 Frank Andrews  
 Ross de Valle  
 David Coulson  
 Adam Joyce  
 Doris Zikas  
 Sejin An

**Sports Physiotherapist**

Terry Boyd

**Physiotherapists**

Chris Latimer  
 Yixiang Chen  
 Yat Fai (Ivan) Lam  
 Nathaniel Martin  
 Felina Adeloju  
 Georde Vuillermin  
 Adele Danastasio  
 Matthew Venn  
 Jessica Carter  
 Kritika (Kia) Iyer  
 Georgia Hogan

Berwick Physiotherapy Clinic has been providing services to the region since 1980, with Pakenham Lakeside Physiotherapy opening in 2011, and Clyde North Physiotherapy opening in 2021, in order to meet the needs of the growing community. All clinics are committed to providing high quality physiotherapy. Our physiotherapists use a 'hands on' approach and all practitioners are members of the Australian Physiotherapy Association. The clinics are open six days a week and have evening and early morning appointments. All physiotherapists have expertise in the management of spinal and sports-related injuries.



### **Berwick Physiotherapy**

1/31 Clyde Road, Berwick 3806  
T (03) 9707 1855 F (03) 9707 5828  
[berwickphysio.com.au](http://berwickphysio.com.au)



### **Clyde North Physiotherapy**

8 Selendra Boulevard, Clyde North 3978  
T (03) 8538 5340 F (03) 8538 5360  
[clydenorthphysio.com.au](http://clydenorthphysio.com.au)



### **Pakenham Lakeside Physiotherapy**

1/2 Waterford Rise, Pakenham 3810  
T (03) 5941 8965 F (03) 5941 7854  
[pakenhamlakesidephysio.com.au](http://pakenhamlakesidephysio.com.au)